

Clinical Intervention Program (CIP) and SROP Program Description

CIP is an outpatient treatment program designed specifically for persistent DWI offenders, or those identified during the assessment screening process as being "high risk" for chemical dependency. This program is designed to be completed within 5-6 weeks. The program includes individual counseling, group counseling, and group education, with 10 hours focusing specifically on drinking and driving issues. The SROP is an outpatient program consisting of a treatment episode of at least 90 days. Services include individual counseling, group counseling and group education. Midwest ADP develops an individualized treatment plan for each person served. Counselors that are registered, certified, or licensed by the State of Missouri use the data collected at intake to identify therapeutic issues and develop strategies to address these needs in collaboration with the consumer. Our philosophy has room for flexible approaches to recovery, and we utilize several treatment modalities, including person-centered approaches, cognitive behavioral therapy, motivational interviewing, and others, in order to enhance and sustain consumer motivation and success. Our goals include motivating clients to create a readiness to change in beliefs, attitudes and behaviors. We believe abstinence and recovery will lead

to greater outcomes for our clients in many life areas, including health, employment, education and legal issues. We assist clients in developing strategies and tools that lead to having the necessary coping skills to maintain abstinence and recovery.

ANNUAL QUALITY ASSURANCE SUMMARY REPORT, CONSUMER SATISFACTION SURVEYS COLLECTED FROM 512 EXITING CLIENTS IN 2025 FINDINGS:

Midwest ADP collected a total of 512 exit surveys from clients successfully completing CIP and SROP programs in 2022. Overall, 100%(512/512)% of those surveyed reported that the feel clinical/support services at Midwest ADP are effective (Item #8). Further, 100% (512/512) report improved social skills and relationship skills since entering the program (Item #10). Additionally, 100% report that the staff is efficient in dealing with their needs (Item #6), and 100% report being satisfied with their access to services (Item #4). 99.4% of respondents report satisfaction with staff being professional and courteous (Item #1) and finally, 100% report overall satisfaction with the services they received at Midwest ADP (Item #11). 78 of 512 clients completed a 14-day follow-up survey; of those 78, 74 (95%) reported they continued making progress towards their goals after program completion.